

# **Clinical Endocrinology and Metabolism**

**Pramod Stephen \*** 

Open Access

Opinion

## **How does Genetics Affect your Metabolic Disorders?**

### **Pramod Stephen**

Innovator, Christian Church PO Sugauli 845456, East Champaran, Bihar, India.

\*Corresponding Author: Pramod Stephen, Innovator, Christian Church PO Sugauli 845456, East Champaran, Bihar, India.

Received date: 24 March2025 | Accepted: 11 April 2025 | Published: 21 April 2025

Citation: Pramod Stephen, (2025), How does Genetics Affect your Metabolic Disorders?, Clinical Endocrinology and Metabolism 4(3): 10.31579/2834-8761/079

**Copyright:** © 2025, Pramod Stephen. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

The study of, humans, animals, plants trees, birds, amphibious, crops, insects, viruses, germs structure, behaviour, colours, skin, diseases, eyes, hairs, the texture of tissue, leaving, sitting, eating and talking, growth, the capacity of absorb and habits transfer from father and mother by DNA to offspring and seeds called genetics. My main focus is Diabetes and other metabolic disorders occurring rapidly in the world because of all the habits transferred to our offspring in this way the habit of eating is transferred from genes to generations. Now people have less time to eat and drink they have to go fast because they go to work and meet people. They do not focus on how to eat and drink them only fill the stomach and run away. Through this process, the food is not mixed with Saliva then many problems occur in the

stomach and are corrected with medicine but our concentration does not go to the timing of hormone secretions and food mixing in saliva. For this reason, one kind of hormonal disturbance comes into the body and after some time this disturbance takes a large disturbance and after some time it will take a chronic stage and we feel that it will go at the time of death. Because our mind-sets are these things. After taking medicine our body gets resistant and needs another kind of treatment and therapy. This kind of problem we are facing whole our life. Now we only depend on medicine and running here and there for alternative therapy but all kinds of treatment fail to cure diabetes and metabolic disorders.

#### Ready to submit your research? Choose ClinicSearch and benefit from:

- > fast, convenient online submission
- > rigorous peer review by experienced research in your field
- > rapid publication on acceptance
- > authors retain copyrights
- > unique DOI for all articles
- > immediate, unrestricted online access

#### At ClinicSearch, research is always in progress.

Learn more <a href="https://clinicsearchonline.org/journals/clinical-endocrinology-and-metabolism">https://clinicsearchonline.org/journals/clinical-endocrinology-and-metabolism</a>



© The Author(s) 2025. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <a href="http://creativecommons.org/licenses/by/4.0/">http://creativecommons.org/licenses/by/4.0/</a>. The Creative Commons Public Domain Dedication waiver (<a href="http://creativecommons.org/publicdomain/zero/1.0/">http://creativecommons.org/publicdomain/zero/1.0/</a>) applies to the data made available in this article, unless otherwise stated in a credit line to the data.